

PHGY 212 - Physiology

# SENSORY PHYSIOLOGY Hearing & Equilibrium

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Hearing is our perception of the energy carried by sound waves. Sound waves are alternating waves of air pressure with periods of compression and rarefaction.





We characterize sound waves by their pitch and their loudness.

**Pitch** is a function of the frequency of sound waves. It is measured in cycles per second (*Hertz*).

The range of frequencies audible to humans is 20 to 20kHz.







Loudness is our interpretation of sound **intensity**. It is a function of the wave amplitude, the pressure difference between waves. [measured in *decibels* (dB)]





The faintest audible sound has ~0 dB loudness. Each 10-dB increase represents a 10-fold increase in loudness. Loudness in normal conversation is typically 60 dB. Prolonged exposure to noise levels >100 dB can be painful and cause damage resulting in hearing loss.





#### Structure of the Ear



1) Sound waves in the ear canal strike the tympanic membrane (*eardrum*) and become vibrations.



2) The sound wave energy is transferred to the three bones of the middle ear (*malleus, incus & staples*), which vibrate.



**3**) Vibrations of the staples against the oval window are converted into fluid waves within the vestibular duct.



**4**) Fluid waves push on the membranes of the cochlear duct, thereby activating the sensory hair cell receptors.



**5**) Fluid waves energy transfers across the cochlear duct and into the tympanic duct and dissipated at the round window.



6) Activated hair cells within the cochlear duct create action potentials in the sensory neurons of the cochlear nerve.



The cochlea consists of three fluid-filled compartments. The vestibular and tympanic ducts are continuous and filled with **perilymph**, a fluid similar to plasma. The cochlear duct is a dead-end tube filled with **endolymph**, a fluid resembling intracellular fluid (high K<sup>+</sup>).



The cochlear duct contains the **organ** of Corti, which contains the hair cells covered with stereocilia.

The organ of Corti sits on the basilar membrane.

The longest stereocilia of hair cells are embedded in the overlying tectorial membrane.

> Tectorial membrane

> > Hair cell





Deformation of the cochlear duct by sound waves causes the tectorial membrane covering the organ of Corti to move. This motion bends stereocilia of the hair cells.





# **Coding Sound for Pitch**

Coding sound for pitch is a function of the basilar membrane. High frequency waves create maximum displacement of the basilar membrane near the *oval window*.

Low frequency waves travel along the length of the membrane and create maximum displacement near the *helicotrema*.



## **Coding Sound for Pitch**

Sound pitch is coded spatially, by location of the hair cell receptors along the basilar membrane.

The cochlea's hair cell receptors are **tonotopically organized**.



## **Coding Sound for Pitch**

The spatial coding of pitch is preserved in the auditory cortex.



## Coding Sound for Loudness

Sound loudness is coded in the frequency of action potentials in the cochlear nerve.

As sound gets louder, the frequency of action potentials generated by sensory neurons increases and more neurons are discharging.

## **Auditory Pathways**

Signals from the two ears come together in the brain stem (superior olivary nucleus) and are then relayed to the thalamus before reaching the primary auditory cortex in the temporal lobe.



#### Structure of the Ear



## Equilibrium through the Ear

#### The **vestibular apparatus** responds to both **rotational** and **linear** changes in the body's position relative to space.



## Equilibrium through the Ear

#### The vestibular apparatus consists of 3 **semicircular canals**, which are filled with endolymph, and 2 saclike **otolith** organs: **utricule** and **saccule**.



The base of each **semicircular canal** is an enlarged chamber (**ampulla**), where are located the sensory receptors for rotational acceleration: **cristae**.



Each crista consist of a gelatinous mass (**cupula**) that, when pushed by the endolymph, bends the embedded **kinocilium** of each hair cell receptor.



When the head starts to turn, the endolymph cannot keep up because of inertia. This drag of the endolymph bends the cupula and its hair cells in the direction opposite to the head.



When the head stops, the endolymph keeps rotating momentarily and the cupula returns to its resting position only after a delay.





Semicircular canals do not respond when the head is motionless or at a constant speed. They detect changes in velocity.



The semicircular canals are oriented at **right angles** to each other.

Together they can sense all three degrees of rotation.



The sensory receptors for linear acceleration within the utricule and saccule are called **maculea**.



Each macula consist of a gelatinous mass (the otolith membrane), in which small crystals of calcium carbonate (otoliths) and the cilia of hair cell receptors are embedded.



The **maculae** of the saccule are oriented vertically when the head is in its upright position. They are sensitive to vertical forces.



The **maculae** of the utricule are oriented horizontally when the head is in its upright position. They are sensitive to horizontal forces.



When the head moves forward or tips back, the crystalline otoliths in the gelatinous membrane slide backward.

The cilia of the hair cells bend and the receptors' membranes become depolarized.

The sensory neurons increase their firing rates.



## Equilibrium Pathway

Neural signals from the vestibular apparatus travel along the vestibulocochlear nerve and are transmitted to the cerebellum and the brain stem vestibular nuclei, where they are combined with proprioceptive inputs.



## Equilibrium Pathway

Pathways from the vestibular nuclei provide signals that are important to move our eyes in their orbits while we move, so that images of the world are stabilized on our retina.

After

hours



Head and eves move in a coordinated manner to keep image on retina



Eyes move too far in relation to image movement on the retina when the head moves



Reading

#### Silverthorn (2<sup>nd</sup> edition)

pages 298 - 306 (*hearing*) pages 306 - 308 (*equilibrium*)

#### Silverthorn (1<sup>st</sup> edition)

pages 280 - 287 pages 287 - 289